Dear Parent,

It is with great excitement that I announce our school's participation in this year's Limitless Skills Series at Home, presented by the Independent Schools Association and powered on the TopYa! Active app.

In Autumn of 2020, hundreds of pupils completed over 1,300 hours of physical activity. In the app, students watched challenge tutorials, uploaded their own videos and received feedback from TopYa!'s team of Virtual Coaches. Check out the <u>2020 Highlights</u>.

With tighter lockdown restrictions, cancelled sporting events and limited access to in-person learning, the Limitless Skills Series at Home is here to provide fun, physical activities and competition anytime, anywhere.

The Series will run for 6 weeks from 25 January - 7 March. The Web Registration Page and Challenges in the TopYa! Active App go live first thing Monday morning.

Key information and benefits of this on-line series:

- 1. The WHOLE SCHOOL can take part!
- 2. It launches on Monday so the children (and parents) will be able to register from then. The children can complete the challenges at any time over the week to keep them active. The focus should be during their Games lessons if possible.
- 3. It runs for 6 weeks and there are 60 challenges in total. There is an age-based standard for each challenge, so it makes it fair across all year groups where they compete against their own age-group.
- 4. With the lack of any inter-school fixtures so far, this gives us the opportunity, as a school and as individuals, to compete against other ISA schools.
- 5. Live leaderboards are accessible on the ISA website.
- 6. Children can earn extra points for themselves and the school through their own creativity if they create their own video challenges or take on a Head to Head challenge basically, the children can get as heavily involved as they choose.
- 7. They have key speakers (famous athletes / footballers / rugby players / hockey players) to speak to the children.
- 8. There are very handy videos showing exactly how to register and how to navigate the system to upload results and videos.

What do you have to do now?

Nothing other than follow the links to see what this all involves. You will be given clear instructions as to how to register on Monday.

PLEASE LOOK OUT FOR ANOTHER EMAIL FROM ME ON MONDAY WHEN REGISTRATION CAN START!

Get your child excited for all the action!

For more information check out ISA's Limitless Skills Series at Home Page.

Kind regards,

Kat Vaughan.